General Responsibilities
The nursing student is responsible for performing patient assessment, planning care delivery, performing nursing intervention and teaching patients, family members and communities about health and illness. Responsibilities include reviewing the patient’s chart, assessing the patient’s medical condition, complaints and concerns, assessing bio-psychosocial and spiritual aspects of the patient’s health, carrying out physician’s orders, and determining appropriate treatment and medication. Direct care includes administering medications and completing nursing procedures such as catheterization, suctioning, dressing changes and responding to emergencies as they occur. The student also assists patients with meals, positioning, transporting and transferring in and out of bed, and in walking. Information gathered about the patient is regularly and appropriately communicated to the health care team. The student also engages in community-based activities in which care to families, groups and target populations is delivered. This requires participation in agency and independent activities.

Working Environment:
There are many settings in which the nursing student gains experience, e.g., hospital, nursing home, public health and community agencies, home visits, school setting and clinics. The most physically demanding may be in a local Medical hospital and other health care settings where there is a nursing station with patient rooms in the surrounding area. The flooring often varies and students are expected to walk distances while monitoring patients’ conditions. These active, busy environments require the ability to keep track of a large number of activities at a time.

Percent of Time Spent:
Sitting 10%
Standing 50%
Walking 40%

Standing and walking are required during the entire work day. Occasional sitting is possible when taking patient’s history or recording on patient’s chart.

Lift up to 10-15 lbs  Medical supplies and equipment
Lift up to 20-50 lbs  When assisting with 2 person lifting

Identifying specific weights lifted in a transfer is difficult because it is dependent upon the amount of assistance the patient is able to offer. Use of assistive devices for lifting are encouraged and at times required.

The student must notify the Del Mar College Nurse Education Department of any restrictions or modifications that may need to be considered. A release from the primary physician is required.

Print Physician Name______________________________________________________

Physician Signature________________________________________Date____________________