The abstract page is always the second page of your APA paper. This abstract page is a summary of the major ideas contained in your research paper; readers often decide whether to read the whole paper or not based on the abstract. Use no more than 120 words in the abstract.

The abstract page includes:

- **Header**
  - Use the same running head as title page
    - ½ inch from the top
    - shortened title in all caps, align left (drop running head label)
    - page number 2, align right

- **Title**
  - Center the title Abstract below the header

- **Abstract**
  - Summarize your paper’s most important points
  - Accurately reflect the purpose and content of your paper
  - Be coherent
  - Remain objective

**Note:** For more information on setting up a paper in APA format, refer to the *APA Publication Manual, pages 228-230.*

Information is based on the *Publication Manual of the American Psychological Association, 6th Edition.* Individual instructor’s specifications may vary, so check with your instructor before formatting and submitting your work.

Still have questions? Come see us – SWC L401