Academic policies are published and disseminated to students via the Del Mar College 2005-2006 catalog and Student Handbook, class schedule and the Del Mar College website. These are prepared, updated annually, and disseminated during new student orientation, registration and are available on request. All information is available to all students including those students taking classes through the Virtual College of Texas. Other academic policies are published and disseminated in the Del Mar College Policy and Procedure Manual. The college councils primarily the Instruction and Student Development Council, The Council of Chairs, and the Faculty Council are charged with assuring that all academic practices and policies follow principles of good educational practice and are approved by the faculty and appropriate administrators. VCT courses follow the same academic polices as all courses. Del Mar College provides academic polices to VCT enrolled students through printed and online materials.

The Texas Higher Education Coordinating Board oversees curriculum practices used by all colleges and publishes the Lower Division Academic Course Manual, the Workforce Education Course Manual, the Guidelines for Programs in Workforce Education, the THECB Rules and Regulations, and the Field of Study Curricula. Additionally, other accrediting agencies set specific curriculum standards in specialty programs such as the National League for Nursing or the Commission on Accreditation of Allied Health Education Programs.