Clinical Mental Health Nursing Syllabus
RNSG 2160

COURSE INFORMATION
College Year: 2011-2012

Pre-requisite: RNSG 1160, 1201, 1413, 1300, 1341, 1161, 1412,162 PSYC 2301, PSYCH 2314, BIOL 2420 (CHEM 1406-RN degree plan only)

Co-requisite: ENGL 1301, PHIL 2306, SPCH 1311 / 1315 / or 1321

Credit Hours: 1 Semester hours
Contact Hours: 3 Clinical hours per week (block scheduled, see calendar)

Course Placement: Semester 3, Year 2, (REM R3, E3, M3)

PROFESSOR CONTACT INFORMATION
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COURSE DESCRIPTION
A health-related work-based learning experience is provided that enables the student to apply specialized occupational theory, skills, and concepts. Direct supervision is provided by the clinical professional. Emphasis is on the role of the nurse as a provider of patient centered care, member of a health care team (coordinator of care), member of a profession, and patient safety advocate. The student nurse is expected to demonstrate clinical decision making using the nursing process clinical reasoning skills, and knowledge in a systematic problem-solving process as a framework for providing care for adults and adolescents in structured mental health care settings with basic psychiatric-mental health nursing skills. It builds on Level I & II skills and concepts. The course must be repeated if RNSG 2213 is not successful.

The teaching/learning philosophy for this course, as for any course in the DMC/Nurse Education, is delineated in the program philosophy printed in the Handbook for Nursing Students (see www.delmar.edu/rn).
The DMC/Nursing Education organizing structure serves as the framework for this course. The nursing process is the method used to plan and implement care to the client.

STUDENT LEARNING OUTCOMES

Upon successful completion of RNSG 2160 the student will demonstrate competencies as follows:

**Member of the Profession:** Exhibit caring behaviors that reflect commitment to the growth and development of the role and function of the professional nurse.
1. Accept responsibility for the quality of nursing care.
2. Demonstrate the role of the professional nurse within the scope of practice while adhering to policies and procedures of clinical practice settings.
5. Actively participate in the advocacy process.
6. Demonstrate patience and compassion.

**Provider of Patient-Centered Care:** Demonstrate competency by accepting responsibility for the provision of safe, compassionate, evidence-based care to patients, families, and significant others across the lifespan.
1. Implement safe, effective nursing care for individuals with selected psychiatric-mental health conditions.
2. Implement the basic concepts of nursing including healthcare delivery, community-based nursing, ethical decision making, the nursing process, health education, health promotion, and health assessment utilizing the processes of clinical reasoning.
3. Implement safe, effective nursing care for the older adult and adolescents to include health promotion.
4. Demonstrate rapport and awareness of cultural respect.
5. Apply general principles of therapeutic communication.
6. Utilize professional conduct and personal qualities.
7. Document in written and/or electronic record.
8. Demonstrate assertive communication skills.
9. Educate patients regarding health, diagnosis, medications and support resources.
10. Relate pharmacology actions, indications, side effects and nursing implications
11. Attend inpatient and outpatient group therapies within the community.

**Patient Safety Advocate:** Advocate for a quality and safe environment for patients/families/significant others across the lifespan.
1. Promote a safe, effective environment conducive to the optimal health and dignity of the patient and families.
2. Implement appropriate measures for the safety of patients, self and others.
3. Seek appropriate assistance when needed to maintain and protect patient safety.

**Member of the Health Care Team:** Participate in patient care administered by the interdisciplinary healthcare team.
1. Demonstrate knowledge in the roles and responsibilities of nursing and other health care team professionals.
2. Participate in the promotion of effective coordination of services to patients and their families.
Scans and DECs Curriculum Statement

This course involves the interplay among The Secretary’s Commission on Achieving Necessary Skills (SCANS) and the Texas Board of Nursing Differentiated Essential Competencies (DECs) to effectively prepare graduates who will provide safe competent, compassionate care.

General Course Overview

Week 1  Course Introduction/Orientation; Math Tests 1 & 2
Week 2  On-Line Hospital Orientation; clinical requirements due; Math Test 3 & 4
Week 3 – 8  1st Clinical Rotation
Week 9- 14  2nd Clinical Rotation
Week 14:  Final Simulations

Textbooks

Required


Required Reference Books: You must own or have access to one of the reference books in each of the categories listed below as required by the Nursing Education Department:

Nursing Diagnosis Handbook
Health Assessment
Medical Dictionary
Drug Guide
Laboratory Diagnostic

Visit the website below for free access to online healthcare textbooks from the Del Mar College Library that can be used for required reference books. (Students must obtain login password from the library or WebDMC login page.

Technology Requirements:

Blackboard Learning System: Each unit contains assignments available on Blackboard and student is responsible for completing the Student Blackboard Tutorial found on the following website:
http://ecourse.delmar.edu/webct/logonDisplay.dowebct
Student is required to login to the course on a daily basis to complete assignments that include care-plan submission, discussions and case-studies. The student is to secure proper configuration of personal computers that support the Blackboard Learning System in order to complete assignments by scheduled due dates. Additional online resources are available through www.delmar.edu

Additional Materials and Supplies Required:
The program approved uniform must be worn for all scheduled data collection and clinical with proper student identification badge. See the clinical and uniform student guidelines in DMC Nurse Education Handbook for Nursing Students [http://www.delmar.edu/rn/handbook/docs/uniform.html](http://www.delmar.edu/rn/handbook/docs/uniform.html). Current TB screening, completion of Hep B series, other program required immunizations, American Heart Association Health Care Provider Card or American Red Cross Professional Rescuer card, criminal background check, drug screen and completion of online hospital orientation must be on file at the beginning of the semester. Readmission students must repeat hospital orientation and drug screen prior to clinical. **No entry into the clinical sites will be allowed if student does not have data up to date by the first clinical day.**

**METHODS OF ACCOMPLISHING STUDENT LEARNING OUTCOMES**

Faculty members facilitate the students’ development of caring, competence, communication and clinical decision making necessary for safe and effective practice. Supervision is by clinical faculty who will evaluate performance, provide feedback, and facilitate reflection. Methods of instruction may include but are not limited to: clinical assignments, patient care assignments, nursing care plan papers, observation, student-faculty conferences, self-evaluation, pre/post clinical conferences, service learning project (professional point assignment).

**METHODS OF EVALUATION**

**Nursing Care Plans**
Nursing Care Plans will be prepared prior to beginning the clinical day with the assigned patient(s). The care plan will be evaluated and modified as directed and turned in to the instructor as designated. A student without a completed care plan(s) at the beginning of the clinical day will not be allowed to go into the clinical area and will receive an “absence” for that clinical day. A nursing care plan turned in late will be considered unsatisfactory.

Evaluation of nursing care plans according to the grading rubric, as well as formative and summative evaluation notations are indicated in the Clinical Evaluation Tool for Level III. Evaluation conferences are held with each student by the assigned instructor at specified times throughout the course for the purpose of providing the student with feedback regarding clinical practice.

**Grading Guidelines**

Grades for clinical courses are either pass (P) or fail (F).

Students who do not achieve in- clinical documentation satisfactory achievement (75% average or better) per clinical grading rubric will NOT receive a passing grade for RNSG 1162 as outlined on the clinical evaluation tool for Level III.

Students must receive a satisfactory on all evaluation criteria on the summative component of the clinical evaluation tool in order to receive a passing grade for RNSG 1162.

**Clinical Evaluation**
Faculty will evaluate each student formatively as needed (up to 4 times) throughout the semester. All students will have a summative evaluation conference with the clinical faculty. Evaluation of clinical objectives and skills will be determined by the Level 3 Clinical Evaluation Tool located on program homepage: http://www.delmar.edu/rn/documents.htm

Final Simulation

Students will be required to complete a final clinical simulation scenario based on a medical surgical condition covered in RNSG 2213. A grade of 75% or greater is required for passing and students who are unsuccessful will be assigned a remediation plan that includes a repeat simulation with a satisfactory grade (greater than 75%) prior to the end of semester. The original score will be recorded.

Grading Scale

P = PASS
F = FAIL

Grading Policy

100% of the final course grade is based on:
- Satisfactory completion of nursing care plans.
- Submission of proof of Professional Point.
- Satisfactory performance of the competencies identified on the clinical evaluation tool.
- Satisfactory completion of the final clinical simulation scenario.

A grade of PASS is required to receive credit for this nursing course.

An evaluation of UNSATISFACTORY indicates that the quality of nursing practice is judged to be unsafe, inaccurate, and / or incompetent clinical practice. Such an evaluation supersedes any classroom grade and therefore, such an evaluation, earns a failure in the clinical course and its corresponding theory course.

Clinical failures, based on violation of standards as stated in Critical Elements (first page of Clinical Evaluation Record), will not be considered for re-admission (See appendix E).

A failure or withdrawal in RNSG 1162 and or RNSG 2213 means that both courses must be repeated regardless of the grades earned in either course.

The Handbook for Nursing Students (http://www.delmar.edu/rn) details the Progression Policy for the department in case of a failure.

EXPECTED STUDENT BEHAVIOUR

Professional Involvement

Students are expected to participate in community service and activities. Level III requires 2 professional points: One that correlates with RNSG 1162 content and one that correlates with RNSG 2160 content. The activities should provide meaningful supplementation to the content presented in clinical and class. Please refer to the RN Student Handbook for guidelines and applicable.
Student Responsibilities

1. Attendance is expected be regular and punctual. In accordance with the Del Mar College Attendance Policy students are subject to withdrawal due to lack of attendance. Refer to DMC Catalog for attendance policy and student conduct on the following websites:
   - http://www.delmar.edu/sthandbook/rights.php#3
   - http://hb2504.delmar.edu/AcademicClassroomPolicy.pdf
   - 3 clinical tardies = 1 clinical day make-up
   - 1 data collection absence = 1 clinical day make-up

   All absences are evaluated on an individual basis and clinical make-ups are required. It is the student’s responsibility to arrange clinical make-up with faculty. NOTE: Clinical Make-Ups’ will be done upon the availability of clinical facility space and faculty. The make-up clinical day may not occur on the students’ current scheduled clinical day.

2. Cell phones are to be off or on vibrate. It is not permissible to use cell phones in patient rooms or medical floor hallways.

3. Math proficiency on a math test is expected to be 100% prior to attending clinical. Passing medications is a clinical requirement and Level 3 will allow for four (4) opportunities to pass the math exam.

4. Adherence to the “Professional Conduct Performance Standards/Critical Elements” an agreement signed by student that commits to the practice requirements for safe and legal/ethical nursing care.

5. No video/audio recording or WEBCAMS are allowed during classroom, laboratory or clinical activities.

Clinical Experience

When attending any clinical experience students are required to wear student uniform as defined by the program policy. For clinical settings such as orientations and seminars street clothes with the white uniform jacket, nametag and school patch will be worn as directed by faculty. It is permitted to wear program standard uniform for data collection.

Students are required to adhere to the following guidelines when wearing a uniform:

1. The school patch is placed on the left sleeve of the uniform jacket (if worn) and standardized uniform.
2. The Del Mar College name badge will be worn in all clinical setting. Name tag must be worn above the waist, so name and title are clearly visible.
3. White or neutral nylon hose are worn with dress/skirt; nylon hose, knee-highs or white socks with pants. Socks must cover ankle.
4. Clean, white clinical shoes or white leather athletic shoes should be worn (shoes may be mostly white and if stripes or logos are on shoes, these must be minimal and light colored). No canvas shoes or athletic shoes with colored stripes or large logos.
5. Jewelry: wedding or engagement rings only; single stud earrings and only 1 in each lobe (no dangling or hoops); no rings or studs in the nose, tongue, lip or any other facial or body piercing (other body piercing must be covered or removed); and, no necklaces or bracelets (only Medic Alert). Students must wear a watch with a second hand during the clinical experience.
6. Make-up, hair, and grooming should be conservative. Hair that is collar length or longer must be pulled neatly back in a ponytail or bun. Hair clips, bands, etc. shall be functional, not decorative. Mustaches and beards will be neatly groomed, cleaned and trimmed.
7. Tattoos must be covered.
8. Nails are to be clean and neatly trimmed to no more than fingertip length. Artificial nails or nail polish is not allowed in the patient care arena.

9. Perfume, after-shave or other strong scents is discouraged as it may cause nausea and other side effects in patients.

10. The following items are prohibited in the clinical areas: jeans, shorts, sandals, jogging/athletic suits, t-shirts, and ball-caps, to name a few. Professional attire is required at all clinical functions.

COLLEGE POLICIES:

http://hb2504.delmar.edu/AcademicClassroomPolicy.pdf

The course syllabus is a general plan for the course; the instructor reserves the right to make any changes deemed necessary to best fulfill the course objectives. Students registered for this course will be made aware of any changes in a timely fashion using reasonable means. This disclaimer does not abrogate any student rights as described by College rules and regulations.
RNSG 2160 Syllabus Acceptance Statement

_____ I have read the syllabus of this nursing course I am taking this semester, and I understand the criteria established for grading my course work. I understand that my average on exams must be 75 or higher in order to attain a passing grade for the course.

_____ I will maintain and uphold the academic integrity policy of the Department of Nurse Education and will not condone or participate in any activities of academic dishonesty including, but not limited to, plagiarism, cheating, stealing, or copying another’s assigned work.

_____ I will not recreate any items or portions of any exam for my own use, or for use by others during my enrollment in the Department of Nurse Education.

_____ I will not accept or access any unauthorized information related to any exam administered during my enrollment in the Department of Nurse Education.

_____ I will sign only my own papers and other documents and will not sign any other student's name to anything, including class rolls.

_____ I will not allow any other student access to any of my paperwork for the purpose of copying.

________________________________   ______________________
Student Signature     Date

__________________________
Printed Name