DELMAR COLLEGE

PHYSICAL THERAPIST ASSISTANT PROGRAM

ADMISSIONS PROCEDURES

Department of Allied Health (WEST CAMPUS–Flato Building, Office 100)
101 Baldwin, Corpus Christi, Texas 78404 Phone: 361-698-1844
WHO ARE PHYSICAL THERAPIST ASSISTANTS?

Physical therapist assistants, or PTAs, are skilled health care providers who work under the supervision of physical therapists. Duties of the PTA include assisting the physical therapist in implementing treatment programs, training patients in exercises and activities of daily living, conducting treatments, and reporting to the physical therapist on the patient’s responses. In addition to direct patient care, the physical therapist assistant may also perform such functions as patient transport, and clinic or equipment preparation and maintenance.

WHAT DO PHYSICAL THERAPIST ASSISTANTS EARN?

According to American Physical Therapy Association member surveys, the median income for a physical therapist assistant is $33,000. PTAs who were employed in the southern and western regions of the nation earned the highest median salary. PTAs in Corpus Christi, Texas, as of 2001, made $33,000 - $43,000 annually.

WHERE DO PHYSICAL THERAPIST ASSISTANTS WORK?

Physical therapist assistants work in hospitals, private physical therapy offices, community health centers, corporate or industrial health centers, sports facilities, research institutions, rehabilitation centers, nursing homes, home health agencies, schools, pediatric centers, and colleges and universities.

WHAT ARE THE EDUCATIONAL REQUIREMENTS FOR BECOMING A PTA?

Physical therapist assistants must complete a 2-year education program. Candidates receive an Associates in Applied Science degree upon graduation. The course of study includes 2 semesters of pre-requisites and 2 years of PTA and clinical courses. There are 266 accredited physical therapist assistant education programs throughout the country, graduating more than 5,000 PTAs annually.

WHAT ARE THE LICENSURE REQUIREMENTS?

Currently, Texas requires physical therapist assistants to be licensed. Licensure stipulate specific educational and examination criteria. Information on practice acts and regulations may be obtained by contacting the licensure board. {(512) 305-6900 or www.ecptote.state.tx.us/acts/ptrules/html}
ADMISSIONS PROCEDURES TO THE PHYSICAL THERAPIST ASSISTANT PROGRAM AT DEL MAR COLLEGE

Dear Prospective Student:

Thank you for your interest in the Physical Therapist Assistant Program at Del Mar College.

Acceptance into the PTA Program is a SELECTIVE MULTI-STEP PROCESS. Applicants will be ranked by points using information the student provides to the PTA Program.

For admission consideration, one must first be eligible for admission to Del Mar College.

This requires the following to be on file in the Registrar’s Office:

**Step 1**
1.) Completed application for admission to Del Mar College
2.) Official copy of high school transcript or G.E.D. Certificate
3.) Official copy of college transcript(s), if any
4.) Placement test scores as required by College (make an appointment with the Testing Center at 698-1645).
5.) Complete remediation courses, if required

**Step 2**
After admission to Del Mar College, the student must complete the following pre-requisites: Courses can be completed in summer session before fall start date.

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<tr>
<th>Course Code</th>
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<tr>
<td>ENGL 1301</td>
<td>Freshman Reading and Composition I</td>
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<td>BIOL 2401</td>
<td>Human Anatomy and Physiology I</td>
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</tr>
<tr>
<td>HPRS 2371</td>
<td>Introduction to Health Occupations</td>
</tr>
</tbody>
</table>

**Step 3**
Submit the following to the PHYSICAL THERAPIST ASSISTANT PROGRAM OFFICE (Del Mar College, West Campus, Flato Building, Office # 100) no later than July 15.

1.) Physical Therapist Assistant Program application form
2.) All college transcripts from other schools
3.) Evidence of a total of 30 hours of observation in three different facilities (i.e. private clinic, pediatric hospital, acute care hospital, rehab hospital, skilled nursing facility) - Observation form attached
4.) A short Essay expressing interest in becoming a Physical Therapist Assistant - Details on essay on page 5
5.) Evidence of a 2.5 GPA or better in Pre-Requisites (ENGL 1301, BIOL 2401/2402 HPRS 2371)
ADMISSION PROCEDURES CONTINUED

Step 4

To be successful in the PTA Program, the student must meet the following criteria:

1.) Display of genuine personal desire for a career in Physical Therapy
2.) Arrange transportation to Del Mar College and the clinical sites
3.) Have means to purchase uniforms, textbooks, and workbooks
4.) Have adequate time for studies and clinical practices
5.) Commitment to learning
6.) Interpersonal Skills
7.) Communication Skills
8.) Effective use of time and resources
9.) Use of constructive feedback
10.) Problem Solving Skills
11.) Professionalism
12.) Responsibility
13.) Critical thinking skills
14.) Stress management skills

All applicants are numerically ranked and placed into available openings according to their rank.

Even though Del Mar College has an open-door policy, the Physical Therapist Assistant Program must limit their enrollment due to limited classroom space and available clinical facilities.

Step 5

After submission of all required documents, the top 40 candidates will be notified and asked to attend an interview session. Other applicants not selected for the interview will be notified within 30 days of the application deadline.

Selection to the Program will be based on the following point system:

Pre-requisite Courses GPA = 35%
Cumulative GPA = 35%
Essay = 15%
Interview = 15%

100%
DEL MAR COLLEGE
PHYSICAL THERAPIST ASSISTANT PROGRAM
APPLICATION PROCESS

The completed application must include the following:

1. All college transcripts from other schools
2. Documented work/observation hours in the physical therapy field
3. Short Essay (Information below)

Write a short essay expressing your interest in becoming a Physical Therapist Assistant (PTA). In the essay include the following:

1. What sparked your interest in the Physical Therapy field?
2. List the reasons why you would like to become a Physical Therapist Assistant.
3. List various diagnosis and treatments you have observed.

Follow the instructions carefully.
The essay will be scored on the following:

(1.) Must be neatly typewritten
(2.) Exemplifies knowledge of the Physical Therapy field
(3.) Explains career goals
(4.) Proper grammar, composition, and punctuation

After the Department Secretary receives the fully completed application packet by the application deadline, the top candidates will be notified by mail within 30 days from the application deadline to set up an interview date.

After the interviews, the candidates will be ranked and notified by mail within 30 days from the interview.

The selected students must notify the Department Secretary of acceptance. An alternate list will be utilized in case an admission is not accepted by a student.
TECHNICAL STANDARDS FOR PHYSICAL THERAPIST ASSISTANT

Visual Acuity

A. Acute enough to read small print on product labels used for whirlpool treatments, dressing changes, and specific labels on medicines used in modalities.
B. Acute enough to read small numbers on goniometers, computer screens, and isokinetic reports.
C. Acute enough to observe postural changes, musculoskeletal changes, and coloration changes.

Hearing Acuity

A. Acute enough to hear and understand words spoken by instructors and patients.
B. Acute enough to perceive the spoken word in an environment with a high level of background noise.

Speaking Ability

A. Verbal expression clear and distinct enough to enunciate medical and surgical terminology.
B. Ability to express thoughts clearly.

Digital Dexterity

A. Agile enough to handle modality instruments with both left and right hands at an extremely rapid pace.
B. Able to supinate and pronate at the wrist, and write/type up documentation/notes.

Physical Ability

A. Strong and agile enough to lift equipment, push stretchers and beds, move large pieces of equipment, and transfer/lift patients.
B. Ability to stand for long periods of time without a break (4 - 6 hours or longer).

DISABILITY ACCOMMODATION

Students who feel they may have difficulty with the above requirements, or students requesting reasonable accommodations or information, must contact the Office of Special Services, West Campus, Coleman Center, Room #140, phone number 698-1743. The student must contact the Office of Special Services if a change in physical or mental status occurs during the course of the Physical Therapist Assistant Program.
PHYSICAL THERAPIST ASSISTANT PROGRAM
CLINICAL SITE LISTING

The following is a partial list of Physical Therapy Clinical sites where you can volunteer. You may also volunteer at clinics not listed here. **You must perform a minimum of 40 volunteer hours.** Volunteer hours must be under the supervision of a physical therapist or physical therapist assistant. We request that you observe three different areas of physical therapy. **Hours worked as a technician will count.**

Before volunteering, call the clinic of your choice. Ask for the Physical Therapy Department. Explain that you are a Del Mar College student attempting to get into the Physical Therapist Assistant Program.

Calallen Orthopaedic Physical Therapy
13434 Leopard, Suite A6A
Corpus Christi, TX 78410
361-241-7231

Christus Spohn Physical Therapy, Santa Fe
1301 Santa Fe
Corpus Christi, TX 78404
361-882-2942

Christus Spohn Hospital--Beeville
1500 E. Houston
Beeville, TX 78102
361-882-2942

Columbia North Bay Hospital
1711 West Wheeler
Aransas Pass, TX 78362
361-776-0469

Christus Spohn Hospital Memorial
2606 Hospital Blvd.
Corpus Christi, TX 78405
361-882-2942

Columbia Northwest Hospital
13725 Farm Road 624
Corpus Christi, TX 78410
361-241-4243

Christus Spohn Hospital Shoreline
600 Elizabeth Street
Corpus Christi, TX 78404
361-882-2942

Christus Spohn Hospital--Beeville
1500 E. Houston
Beeville, TX 78102
361-882-2942

Columbia North Bay Hospital
1711 West Wheeler
Aransas Pass, TX 78362
361-776-0469

Christus Spohn Hospital Memorial
2606 Hospital Blvd.
Corpus Christi, TX 78405
361-882-2942

Columbia Northwest Hospital
13725 Farm Road 624
Corpus Christi, TX 78410
361-241-4243

Christus Spohn Hospital South
Physical Therapy
5920 Saratoga, Suite 110
Corpus Christi, TX 78414
361-882-2942

The Corpus Christi Medical Center, Doctors Regional
3315 South Alameda
Corpus Christi, TX 78411
361-761-1436

Christus Spohn Kleberg Memorial Hospital
1311 E. General Cavazos
Kingsville, TX 78363

Corpus Christi State School
902 Airport Road
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<td>Corpus Christi, TX  78469</td>
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<td>361-844-7830</td>
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<tr>
<td>Dynamic Evaluation Center of South Texas</td>
<td>2660 South Padre Island Drive</td>
<td>361-851-0209</td>
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<tr>
<td>Heartland of Corpus Christi</td>
<td>202 Fortune Drive</td>
<td>361-289-0889</td>
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<tr>
<td>The Holmgreen Center</td>
<td>317 North Carancahua St.</td>
<td>361-887-2000 Ext. #304</td>
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<tr>
<td>Humpal Physical Therapy</td>
<td>3837 South Padre Island Drive</td>
<td>361-854-2278</td>
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<tr>
<td>Innovative Physical &amp; Occupational Therapy</td>
<td>5810 S. Staples</td>
<td>361-986-0708</td>
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<tr>
<td>Integrated Health Services, Inc.</td>
<td>1314 Third Street</td>
<td>361-888-4323</td>
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<tr>
<td>Oak Crest Nursing</td>
<td>1902 FM 3036</td>
<td>361-729-9971</td>
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<tr>
<td>Physical Therapy Services Inc.</td>
<td>2101 Airline</td>
<td>361-993-1595</td>
</tr>
<tr>
<td>Physical Therapy Services Inc.</td>
<td>1025 St. Hwy. 181</td>
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<tr>
<td>Portland, TX 78374</td>
<td></td>
<td>361-643-0485</td>
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<tr>
<td>Premier Physical Therapy And Sports Medicine</td>
<td>3833 S. Staples, Suite 50</td>
<td>361-225-2525</td>
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<tr>
<td>Retama Manor</td>
<td>603 East Avenue J</td>
<td>361-387-8448</td>
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<td>Retama Manor Nursing Center</td>
<td>606 Coyote Trail</td>
<td>361-664-5479</td>
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<td>Saratoga Physical Therapy And Rehabilitation</td>
<td>3434 Saratoga Blvd.</td>
<td>361-852-0852</td>
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<td>Shea Physical Therapy</td>
<td>5440 Everhart, Suite 1</td>
<td>361-994-5224</td>
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<tr>
<td>Shull Physical Therapy Center</td>
<td>4646 Corona Drive, Suite 131</td>
<td>361-225-2539</td>
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<tr>
<td>South Texas Sports Medicine</td>
<td>5959 South Staples, Suite 105</td>
<td>361-993-9494</td>
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<tr>
<td>South Texas Sports Medicine and Rehabilitation</td>
<td>209 Cedar Drive, Suite B</td>
<td>361-643-3993</td>
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PHYSICAL THERAPIST ASSISTANT PROGRAM
Books, Tuition and Fees
FOR DISTRICT RESIDENTS

Books:
Books needed for PTA Program (General Ed Books not Included) est.$650.00

**Tuition:**

$25.00 per semester hour  (Program is 72 hours)  $1,700.00

**Fees:**

$7.00 Matriculation Fee per semester hour @ 72 hours  $476.00
$7.00 Building Use Fee per semester hour @ 72 hours  $476.00
$4.00 Transcript Fee per semester @ 8 semesters  $32.00
$15.00 Technology Fee per semester @ 8 semesters  $120.00
$5.00 Student Services Fee per semester @ 8 semesters  $40.00
$1.00 Grounds Fee per semester @ 8 semesters  $8.00
$35.00 Instructional Support Fee per semester @ 8 semesters  $280.00
$20.00 for Lab Fee @ 5 labs  $100.00

Lab Coat  $40.00
APTA Membership  $85.00
Physical Therapy Kit  $35.00
Immunizations  $225.00

**TOTAL: Books, Tuition and Fees**  $4,262.00

**TUITION AND MANDATORY FEES**

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**ASSOCIATE IN APPLIED SCIENCE DEGREE:**

**PHYSICAL THERAPIST ASSISTANT**

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**FIRST SEMESTER**

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<td>*PTHA 1413</td>
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<td>*PTHA 2435</td>
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<td>*PTHA 2305</td>
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<td>*PTHA 2467</td>
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**Grand Total**

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**TECH-PREP ENHANCED SKILLS CERTIFICATE**

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Select two of the following:

**TECH-PREP ENHANCED SKILLS CERTIFICATE**

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PHYSICAL THERAPIST ASSISTANT PROGRAM
COURSE DESCRIPTIONS

PTHA 2394. SPECIAL TOPICS IN PHYSICAL THERAPIST ASSISTANT: GERIATRICS AND PTA (2-3-3) 51.0806

This course will present lifespan development issues related to geriatric populations. Emphasis will be placed on aging in society and the role of the Physical Therapist Assistant in working with older
populations. Issues of ageism and discrimination, access to health care, generational value differences, physiological and mental aging processes, sensory deprivation, myths and realities of stereotypes, theories of aging, wellness programs, and current research in geriatrics will be explored.

**PTHA 2394. SPECIAL TOPICS IN PHYSICAL THERAPIST ASSISTANT: ORTHOPEDICS/SPORTS MEDICINE (2-3-3) 51.0806**

This course provides a review of functional anatomy and biomechanics of the spine and major joint of the extremities. Treatment philosophies and common musculoskeletal injuries and conditions of these joints will be identified and discussed. Physiology of soft-tissue lesions, tissue repair, and tissue response to exercise will be presented. Palpation and hands-on treatment approaches will be demonstrated and practiced in lab.

**PTHA 2394. SPECIAL TOPICS IN PHYSICAL THERAPIST ASSISTANT: PEDIATRICS AND THE PTA (2-3-3) 51.0803**

The course is designed for the graduate PTA to focus on the physical therapy treatment of anatomical and physiological pathology found in at-risk and disabled children. The rationale and practice of various physical therapy interventions and treatment approaches that can be utilized by the Physical Therapist Assistant will be presented.

**PTHA 2394. SPECIAL TOPICS IN PHYSICAL THERAPIST ASSISTANT: DOCUMENTATION / REPORTING FOR PTA (2-3-3) 51.0803**

This course is intended to enhance the documentation and notewriting skills previously acquired by the entry level Physical Therapist Assistant. The focus of the course will be to provide opportunities that expand documentation and notewriting skills by using simulations, case studies, anonymous medical charts, alternative methods of standardizing records, data bases, and computerized systems for record keeping. Documentation activities and exercises will be limited to those documentation functions appropriate for the Physical Therapist Assistant as determined by and stated in the Texas Physical Therapy Practice Act and administered by the Texas State Board of Physical Therapy Examiners.

**PTHA 2194. SPECIAL TOPICS IN PHYSICAL THERAPIST ASSISTANT: SPECIALTY INTERNSHIP (0-7-1) 51.0803**

An external learning experience in which the student will be able to apply knowledge in specialized areas.

**PTHA 1201. THE PROFESSION OF PHYSICAL THERAPY (1-2-2) 51.0803**
Introduction to the profession of physical therapy including the historical and current scope of physical therapy. Prerequisite: Acceptance into the program.

**PTHA 1217. ISSUES IN HEALTH CARE (2-0-2) 51.0803**

Exploration of the organizational patterns, administrative principles, legal and ethical issues, communications, and job placement skills in physical therapy and health care. Prerequisite: PTHA 2366.

**PTHA 1266. PRACTICUM - PHYSICAL THERAPY ASSISTANT (0-0-2) 51.0803**

Practical general training and experiences in the workplace. The college with the employer develops and documents an individualized plan for the student. The plan relates the workplace training and experiences to the student’s general and technical course of study. The guided external experiences may be paid or unpaid. This course may be repeated if topics and learning outcomes vary. Prerequisite: PTHA 1431 and 1413.

**PTHA 1321. CLINICAL PATHOPHYSIOLOGY (3-0-2) 51.0803**

Study of the pathogenesis, prognosis, and therapeutic management of diseases/conditions commonly encountered in physical therapy. Prerequisites: PTHA 1201, 1413.

**PTHA 1329. APPLIED PHYSICAL PRINCIPLES (3-3-4) 51.0806**

An experiential approach to the application of physical principles as related to patient treatment. The student will distinguish and critically analyze the theories and principles of physics in the application of physical therapy; and apply principles of physics commonly encountered in physical therapy. Prerequisite: Admission to the program or departmental approval.

**PTHA 1413. FUNCTIONAL ANATOMY (3-4-4) 51.0803**

Study of human anatomy and its application to the motion of the musculoskeletal system as it relates to normal activities and dysfunctions. Integration of skills related to the kinesiological assessment of the human body. Prerequisite: Acceptance into the PTA program.

**PTHA 1431. PHYSICAL AGENTS (3-4-4) 51.0803**
Study of the biophysical principles, assessment, and application of therapeutic physical agents with specific emphasis on indications, contraindications, medical efficacy, and physiological effects. Prerequisite: PTHA 1201, 1413.

PTHA 2305. CLINICAL NEUROLOGY (3-0-3) 51.0803

Study of neuroanatomy and neurophysiology as it relates to commonly encountered neurological conditions. Prerequisites: PTHA 1201, 1413.

PTHA 2366. PRACTICUM - PHYSICAL THERAPY ASSISTANT(0-21-3) 51.0803

Practical general training and experiences in the workplace. The college with the employer develops and documents an individualized plan for the student. The plan relates the workplace training and experiences to the student’s general and technical course of study. The guided external experiences may be paid or unpaid. This course may be repeated if topics and learning outcomes vary. Prerequisites: PTHA 1266, 2409, or concurrent enrollment.

PTHA 2409. THERAPEUTIC EXERCISE (3-4-4) 51.0803

Critical examination of concepts and application of techniques related to therapeutic exercise and functional training. Prerequisites: PTHA 1266, 1431.

PTHA 2431. MANAGEMENT OF NEUROLOGICAL DISORDERS (3-4-3) 51.0803

Advanced course integrating previously learned and new skills/techniques into the comprehensive rehabilitation of selected neurological disorders. Prerequisites: PTHA 2366 and 2435.

PTHA 2435. REHABILITATION TECHNIQUES (3-4-4) 51.0803

Advanced course integrating previously learned and new skills/techniques into the comprehensive rehabilitation of selected long-term pathologies. Prerequisites: PTHA 2409 or concurrent enrollment.

PTHA 2467. PRACTICUM - PHYSICAL THERAPY ASSISTANT(0-25-4) 51.0803
Practical general training and experiences in the workplace. The college with the employer develops and documents an individualized plan for the student. The plan relates the workplace training and experiences to the student’s general and technical course of study. The guided external experiences may be paid or unpaid. This course may be repeated if topics and learning outcomes vary. Prerequisites: PTHA 2366, 2431 or concurrent enrollment.

DEL MAR COLLEGE
PHYSICAL THERAPIST ASSISTANT PROGRAM

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DEADLINE TO SUBMIT APPLICATION: **JULY 15**
If you have ever been convicted of a felony, you may not be eligible for license by the Texas Board of Physical Therapy Examiners. For further information, please contact the Program Director at 361-698-1847 or call the Texas Board of Physical Therapy Examiners (TBPTE) at 512-305-6900.

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Student’s Signature

DO NOT WRITE BELOW THIS LINE. FOR OFFICE USE ONLY!!!

Interview Date: _____________________ Faculty: ____________________________

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<th>COURSES</th>
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<tr>
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Pre-requisite Courses GPA: _____ (Points: ___)  Cumulative GPA: _____ (Points: ___)

Essay Points: _____  Interview Points: ______

TOTAL POINTS: ________

The provisions and information set forth in this statement are intended to be informational and not contractual in nature and are subject to modification without notice, by the Administration or the Board of Regents. For additional explanation to the Disclaimer in the College Catalog.

Del Mar College does not discriminate on the basis of race, color, sex, age, national origin, religion, handicap, or any other constitutionally or statutorily impermissible reason. This shall include persons with disabilities.

Revised 01/00