

Del Mar College's
Faculty
Professional Development Committee
Presents -
Faculty Professional Development Day
Fall 2017

White Library - 4th Floor (Stone Writing Center)

Thursday, August 24, 2017

9:00 a.m. - 12:00 p.m.

Faculty Professional Development Day Schedule

Time	Room	Topic
9:00 a.m.		
	L401	Transcript Evaluation/That's a RAP! Utilizing the Retention Alert Program and Other Strategies to Increase Student Retention
	L416	Exploring Boyer's Scholarship Using Faculty Travel in Asia
	L429	Bloodborne Pathogen Awareness/Zumba!!!
	L432A	Responding to the Suicidal Student
	L432B	What is Success?
	L433	Update on Student Affairs Initiatives
	Outside	Samba Reggae: Building Community through the Percussion Music of Salvador de Bahia, Brazil
10:00 a.m.		
	L401	Disrupting Student Behaviors
	L416	Important E-Learning Updates
	L429	Kiss Your Fat *** Goodbye
	L432A	Icebreakers: Let's Get Crackin'
	L432B	Lessons Learned from Working with Teachers & Students in Rwanda
	L433	Advising Students Enrolling in Developmental Education
11:00 a.m.		
	L401	Brought To You By Your DMC Library
	L416	Campus Carry: Special Interactive Discussion for Faculty and Administrators
	L429	Movement Screening for All Ages/Simplify Corrective Exercise
	L432A	Personalized Medicine: Why There Isn't Any One-Size-Fits-All Treatment
	L432B	Early Intervention Is The Best Prevention
	L433	Tips & Tricks at Your Fingertips for Less-Stress Advising

A Special Thank You to Our Sponsors:

The Faculty Professional Development Committee would like to thank the Provost's Office for the refreshments and assistance in the facilitation of today's event.

The Committee would also like to thank all the faculty and staff who have taken the time to present today.

Please forward questions and comments about today's event to Dr. Erinn McComb, Assistant Professor of History, emccomb1@delmar.edu.

11:00 – 11:50 a.m. (continued)

Personalized Medicine: Why There Isn't Any One-Size-Fits-All Treatment

Dr. Zaldy F. Doyungan, Associate Professor of Biology

Room 432A (11a.m.)

Got a headache? Which headache medicine works best for you – *acetaminophen, ibuprofen, naproxen, paracetamol, mefenamic acid*; or any of the narcotics like *Fentanyl* or *Vicodin*? Patients tend to respond differently to a particular drug for treatment to what seems like a similar condition or disease. Why? Simply because individuals have different genetic make-up! The era for a treatment option tailored specifically for a certain patient has come.

Tips & Tricks at Your Fingertips for Less-Stress Advising

Sara King, Coordinator of Student Recruitment and Outreach, and Stefanie Salazar, Lead Admissions Assistant

Room 433 (11 a.m.)

When assisting a student through the advising and registration process we can run into snags that can make a great session stressful. The tools to a less-stress meeting are at your fingertips and available to you now.

Brought To You By Your DMC Library

Jennifer Jimenez, Reference/Electronic Resource Librarian and Instructor of Learning Resources

Room 401 (11 a.m.)

The library works to serve both the faculty and students. Faculty can request interlibrary loan materials, items to be placed on reserve, books and media for the collection, and library instruction for your classes. Come learn about these services as well as our newly added research databases for your courses and professional use.

9:00 – 9:50 a.m.

Transcript Evaluation (Round Table A)

Liz Adamson, Registrar, and Mandi Overby, Transcript Evaluator

Room 401 (9 a.m.)

This roundtable is a valuable overview on how to read and interpret college transcripts.

Followed by....

That's a RAP! Utilizing the Retention Alert Program and Other Strategies to Increase Student Retention (Round Table B)

Christine Gottemoller, Instructor of Political Science; Dr. Susan Swan, Assistant Professor of English; and Dr. Beatriz Alvarado, Assistant Professor of Psychology

Room 401 (9 a.m.)

We all want students to be successful as they navigate higher education, but students often struggle with a variety of issues, including low exam scores, attendance issues, or financial and/or emotional concerns. It's important that faculty are able to identify these students in order to direct them to services meant to help them. This session will feature a video on how to use the Retention Alert Program at Del Mar College in order to assist in student retention. Providing students with access and information on services available at the College to help increase academic success. We will also discuss a variety of classroom strategies for keeping retention rates high.

Responding to the Suicidal Student

Rita Hernandez, MA, LPC-S, Lead Counselor

Room 432A (9 a.m.)

Protective factors for preventing suicide may often be overlooked on campus. Human connection, limited access to means to commit suicide and the campus environment itself are protective factors. Failing to intervene may mean taking students out of a protective environment and putting them where they may be more likely to hurt themselves. Knowing how to respond and get help will make a difference, whereas a relationship and support may not be enough. Counselors will provide training needed so faculty will not under-react to suicidal references. Participants will learn about depression as well as other risk factors and warning signs that can lead to suicide. Participants will be able to conduct a simple assessment and provide a lifesaving intervention with students of concern.

9:00 – 9:50 a.m. (continued)

Bloodborne Pathogen Awareness (Round Table A)

Jack “Chris” Tweddle, Assistant Director of EHS&RM Office

Room 429 (9 a.m.)

This short presentation will provide you with an overview of the regulations pertaining to bloodborne pathogens (BBP) and how you can protect yourself from being exposed to BBPs in the work environment.

Followed by....

Zumba!!! (Round Table B)

Danielle Neuman, Retention Case Manager, and Perla Soliz,

Zumba Instructor for the Employee Wellness Program

Room 429 (9 a.m.)

Improving personal health and fitness are among the most common New Year's resolutions...are you making the progress you hoped? If you've been neglecting your New Year's resolution, there's still time in 2017 to follow through! Free Zumba classes are available to College faculty and staff through the Employee Wellness Program. Not only is DMC Zumba a fun workout, but it's a great opportunity to get to know your campus colleagues. Meet our instructor, hear from faculty and staff who participate, and give it a try! Everyone, no matter your fitness level, is welcome to work towards a healthier lifestyle in this low-pressure environment. Zumba is for everybody and every body!

Exploring Boyer's Scholarship Using Faculty Travel in Asia

Sylvia Wells, APRN NP-C & Donna Huddleston, RN, PhD, CHPN, CNE

Room 416 (9 a.m.)

Nursing Faculty at Del Mar College used Boyer's (2015) definition of scholarship to frame research and other scholarly activities in two trips to Asia in 2016.

Learning Outcomes:

- Explore Boyer's academic scholarship framework to address Del Mar College's Core Value of Diversity: valuing differences.
- Explore four (4) specific ways to collaborate with a culture to enhance faculty's own scholarship.
- Evaluate travel as a method of building professional scholarship.

11:00 – 11:50 a.m. (continued)

Movement Screening for All Ages (Round Table A)

Kristy Urbick, Instructor of Kinesiology and Intramural Director

Room 429 (11 a.m.)

Movement screening (MS) refers to a series of physical activities designed to sample or profile the quality of an individual's fundamental motor patterns prior to their engagement in a formal exercise program. Screening is a tool that may be employed in identifying possible functional limitations that could result in unproductive training or joint/muscle damage. By pinpointing these weaknesses and implementing various corrective strategies (e.g. static and dynamic range of motion stretching, neurodevelopmental techniques, and myofascial release methodologies), we could improve movement competency (quality) and reduce future injury risk.

Followed By....

Simplifying Corrective Exercise (Round Table B)

Gene Power, Professor of Kinesiology

Room 429 (11 a.m.)

This workshop will educate participants about crucial movement principles, how to translate these basic fundamentals into practice, and allow hands-on experiences with corrective exercise for all ages. By attending this presentation individuals can become familiarized with multiple corrective strategies that can be safely employed to improve overall movement competency. Participants will also be able to discuss possible modifications to various exercises to better apply to their own, unique, situations.

10:00 – 10:50 a.m. (continued)

Important E-Learning Updates

Mike Jones, Faculty Coordinator of E-Learning and Professor of Speech

Room 416 (10 a.m.)

This session will provide an overview of new Canvas releases and updates, accessibility guidelines, best practices, current training opportunities and other E-Learning initiatives.

11:00 – 11:50 a.m.

Early Intervention Is The Best Prevention

Danielle Neuman, Andrew Bridges, and Melissa Rollins-Bañuelos - Retention Case Managers

Room 432B (11 a.m.)

Faculty are usually the first staff on campus to recognize when a student is struggling. In fact, a caring professor like you can be the one who helps a student get back on track. We will talk about strategies for working together to support our students and help them pursue academic success. Next time one of your students stops attending class, falls behind with the coursework, or discloses challenging life circumstances, you will know what to do. This presentation will also overview the Retention Alert Program (RAP), Del Mar College's faculty-driven early warning alert system.

Campus Carry: Special Interactive Discussion for Faculty and Administrators

Dr. Beth Lewis, Provost/VPAA; Lauren White, Chief of Security; Tammy McDonald, Executive Director of Human Resources and Administration; and Dr. Jim Klein, Professor of History and DMC AAUP Chapter President

Room 416 (11 a.m.)

The Office of the Provost/Vice President for Academic Affairs (P/VPAA) and the DMC Chapter of the American Association of University Professors have arranged this session to provide a venue in which DMC faculty and administrators can discuss their questions about Campus Carry on Del Mar's campuses and in our classrooms.

9:00 – 9:50 a.m. (continued)

What is Success?

Eva De La Garza, Director of the Student Success Center

Room 432B (9 a.m.)

The Student Success Center (SSC) will give insight into SSC support services which can assist our DMC students to succeed and includes, but not limited to: **Peer Tutoring**; Online Tutoring; **Student Workshops** with topics ranging from academics to health and wellness; **Technology Resources** including laptop and calculator check outs; and Success Coach Mentoring which includes one-on-one sessions, workshops and overall basic college knowledge.

Update on Student Affairs Initiatives

Dr. Rito Silva, Vice President for Student Affairs

Room 433 (9 a.m.)

The Division of Student Affairs will present updates on programs and initiatives occurring within the divisions of Student Engagement and Retention, Student Outreach and Enrollment Services, Title V and Financial Aid.

Samba Reggae: Building Community through the Percussion Music of Salvador de Bahia, Brazil

Dr. Neil Sisauyhoat, Associate Professor of Music

OUTSIDE THE LIBRARY (9 a.m.)

This presentation will introduce participants to the invigorating percussion-based music of Salvador de Bahia, Brazil, through audience participation. Participants will build a sense of community and enjoy the physical, emotional, and mental benefits of making music together. This hands-on workshop will discuss specific playing techniques on the primary percussion instruments associated with *Samba Reggae*, provide appropriate ensemble relationships between instruments, and will discuss "groove" and "feel" concepts indicative of samba's Afro-Brazilian roots. No prior musical experience needed!

10:00 – 10:50 a.m.

Disrupting Student Behaviors

Diana Ortega-Feerick, Assistant Dean of Student Engagement and Retention (SER); and Lisa Leal-García, Coordinator of SER

Room 401 (10 a.m.)

This presentation provides a general overview of Del Mar College's Student Code of Conduct process, discussion of case laws, and tips for addressing and managing classroom behaviors which may include annoying, disruptive, concerning and threatening behaviors. This session will begin by explaining the Del Mar College's Student Code of Conduct process and the importance of giving the students the proper due process when dealing with code of conduct violations. The session will also include managing disruptive classroom behaviors and include scenarios of real campus incidents.

Icebreakers: Let's Get Crackin'

Dr. Amy Mintz, Associate Professor of Child Dev./Early Childhood

Room 432A (10 a.m.)

Avoid the traditional "only going over the syllabus" the first day. Instead, get students comfortable in participating by building rapport with each other. Learn about ice breakers that are fun and don't put students "on the spot" in front of the WHOLE class. Promote student participation and engagement by setting the stage the 1st day! Ideas are fun, but can also inform students of valuable information related to your course.

Advising Students Enrolling in Developmental Education

Dr. Tammy Donaldson, Faculty Coordinator of Developmental Education and Assistant Professor of Reading

Room 433 (10 a.m.)

This session will provide a mini-training session and/or a refresher for faculty and staff advising students who need to enroll in developmental education classes. Accurate placement, bubble-student identifiers, and various placement options are a few of the topics that will be covered. Also, during this session, I will share the recent mandates and implementation in developmental education. A question-and-answer period will follow.

10:00 – 10:50 a.m. (continued)

Lessons Learned from Working with Teachers and Students in Rwanda

Lucy James, Faculty Coordinator of Assessment and Associate Professor of American Sign Language/Interpreter

Room 432B (10 a.m.)

In June 2017, Lucy James had the opportunity to be part of a teacher training team for a two-week trip to Rwanda, Africa. After observing classrooms in a country that has fewer resources for their teachers and their students, there are some lessons that would benefit each of us who have the opportunity to teach and learn in the United States.

Kiss Your Fat * Goodbye**

Gene Power, Professor of Kinesiology

Room 429 (10 a.m.)

There is currently a tremendous amount of misinformation available to the general public regarding fat loss and overall conditioning. The majority of the recommendations from the fitness industry are so watered down or inaccurate that they are generally unproductive, and in some instances even damaging to your health. The good news however, is that there are better, more efficient ways to achieve changes in body composition and cardiorespiratory capabilities than some of these more conventional methodologies allow.

This workshop will focus on a hierarchy of lifestyle and training that will allow the individual to achieve positive alterations in adiposity, general fitness and physical work capacity in a more time-efficient manner. Recommendations for nutritional modifications as well as exercise selections and implementation will be discussed, with an emphasis on audience feedback, input and involvement.